

Keep your eyes peeled for valuable coverage and savings.

Make the most of your Vision plan.



With your vision plan from Cigna HealthcareSM, you and your covered family members have convenient access to quality vision care, including coverage for routine eye exams and, in many cases, glasses and/or contact lenses. We're here to help you make the most of it all.

Get your routine eye exam.

Your routine eye exam is one of the easiest ways to help catch health issues – such as glaucoma, cataracts and age-related macular degeneration – before they become more serious and costly.

Quick tip: It's important to get your eyes dilated during your exam. This can help spot certain eye diseases, including the early stages of diabetes.

Schedule your children's eye exams too.

Children may get a vision test at school or at their pediatrician's office, but these exams might not catch a serious eye disorder. That's why it's important to have your child visit an eye doctor, such as an optometrist or ophthalmologist. These specialists can help check your child's vision and eye health.

Did you know? One in four children has a vision problem that can affect their learning.*



Cigna Healthcare offers one of the largest networks of optometrists, ophthalmologists and nationally recognized eye care retailers.**

Stay in-network.

You'll save the most money if you pick an eye doctor from Cigna Healthcare's large vision network. And you'll have lots of choices.

Keep in mind: If you choose a doctor who's not in the network, you'll have to pay the total amount due at your appointment. To get reimbursed, you'll need to submit a vision claim form with an itemized receipt. You can find the claim form on **myCigna.com**[®] on the "Forms Center" page. The whole amount may not be covered. You're responsible for paying any charges not covered under your plan.



Find an eye doctor

There are three easy ways to find a quality in-network eye doctor in your area:

- Go to **myCigna.com** > Coverage > Vision > Visit Cigna Vision > Find a provider.
- If you don't have access to **myCigna.com**, go to **Cigna.com**® > Find a Doctor > Employer or School > Additional Resources > Cigna Vision Directory (Serviced by EyeMed).
- Call 888.353.2653 and talk with a customer service representative.

Have questions?

Our customer service representatives can help you find a provider and answer any questions you might have about coverage and claims.

Call 888.353.2653 to talk with a customer service representative anytime.

What's not covered

Vision plans generally do not cover the following: (a) orthoptic or vision training and any associated supplemental testing; (b) medical or surgical treatment of the eye; (c) any eye examination, or any corrective eyewear, required by an employer as a condition of employment; (d) any injury or illness when paid or payable by workers' compensation or similar law or which is work related; (e) charges in excess of the usual and customary charge for the service or materials; (f) charges incurred after the policy ends or the insured's coverage under the policy ends, except as stated in the policy; (g) experimental or nonconventional treatment or device; (h) magnification or low-vision aids not shown as covered in the Schedule of Vision Coverage; (i) any nonprescription (minimum Rx required) eyeglasses, includes frame, lenses or contact lenses; (j) spectacle lens treatments, "add-ons" or lens coatings not shown as covered in the Schedule of Vision Coverage; (k) prescription sunglasses, "add-ons" or lens coatings not shown as covered in the Schedule of Vision Coverage; (l) two pair of glasses in lieu of bifocals or trifocals; (m) safety glasses or lenses required for employment not shown as covered in the Schedule of Vision Coverage; (n) VDT (video display terminal)/computer eyeglass benefit; and (o) claims submitted and received in excess of twelve (12) months from the original date of service. These are only the highlights, and a complete list of exclusions and limitations is set forth in the applicable plan documents. Plan frequency limitations, allowances, copays and options may apply and will vary depending on the terms of your specific vision plan.



*20/20 Onsite. "Children's Eye Health: 5 Powerful Eye Statistics Every Parent Should See". March 24, 2021.
<https://www.2020onsite.com/blog/childrens-eye-health-5-powerful-eye-statistics-every-parent-should-see>.

**The Cigna Healthcare vision network is serviced by EyeMed. Number of contracted providers as of August 2024, EyeMed internal reporting. Subject to change.

Product availability may vary by location and plan type and is subject to change. All group vision insurance policies and vision benefit plans contain exclusions and limitations. For costs and complete details of coverage, see your enrollment materials. The eye care professionals and facilities that participate in the vision network from Cigna Healthcare are independent practitioners solely responsible for the treatment and services provided to their patients. Eye care professionals are not agents of Cigna Healthcare.

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See the importance of vision care.

It's time to enroll in a vision plan with Cigna Healthcare.



Don't miss your chance to enroll in a vision plan that keeps your eyes strong and healthy.

Visiting an eye doctor every year helps make sure your eyes, as well as the rest of you, stay healthy and strong. That's why choosing a vision plan with Cigna HealthcareSM is a great step in making sure you stay at your best.

An estimated **93 million** adults in the United States are at high risk for serious vision loss, but only half visited an eye doctor in the last year.¹

Early detection and treatment can prevent or delay blindness due to diabetic retinopathy in **90%** of people with diabetes.²

It is estimated that **50%** of visual impairment and blindness can be prevented through early diagnosis and timely treatment.³

To see the real value of having a vision plan, compare it with getting vision care without coverage.

	With in-network vision coverage*	Without vision coverage
Exam	\$10	\$131
Frames	\$58	\$198
Single-vision lenses	\$10	\$88
Polycarbonate add-on	\$40	\$70
Anti-reflective coating	\$68	\$127
Ultraviolet (UV) coating	\$15	\$22
Scratch-resistant coating	\$15	\$24

*Comprehensive PPO plan design includes \$10 exam copay, \$10 materials copay and a \$120 frame allowance.

Chart is for illustrative purposes only. Your actual costs and plan coverage will vary. Plan limitations and exclusions may apply. See your plan materials for details.



See how easy a vision plan can be.

For help making the best decisions for your vision care, visit **Cigna.com**[®] to search for in-network providers in your area:

- **More than 30,000** independent providers and growing⁴
- **11,000** retail providers⁴, including **LensCrafters**[®], **Pearle Vision**[®], **Target Optical**[®], **Costco Optical**[®] and **Walmart Vision Center**[®]
- 6 online providers, including **LensCrafters.com**[®], **Ray-Ban.com**[®], **Glasses.com**[®], **TargetOptical.com**[®], **contactsdirect.com**[®] and **Oakley.com**[®]

As soon as you enroll, make sure you register⁵ on **myCigna.com**[®] to:

- Estimate costs before getting care
- Find additional discounts with exclusive offers from network providers and retailers
- Learn about international benefits, find wellness content and more



Enroll in a vision plan with Cigna Healthcare today.

1. "Fast Facts About Vision Loss," Centers for Disease Control. Page accessed December 2022.

2. "Why Eye Exams are Important," CDC, <https://www.cdc.gov/vision-health/about-eye-disorders/why-eye-exams-are-important.html#:~:text=Diabetic%20retinopathy%20is%20one%20of,problems%20like%20cataracts%20or%20glaucoma>. May 2024

3. "Frequently Asked Questions About Vision Health," Centers for Disease Control. Page accessed December 2022.

4. The Cigna Healthcare vision network is serviced by EyeMed. Number of contracted providers as of August 2024, EyeMed internal reporting. Subject to change.

5. Customers under age 13 (and/or their parent/guardian) will not be able to register at myCigna.com.

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